



Event Introduction

Please use this script to introduce Kelli at your Women's Health event.

Do you, or someone you know, experience hot flashes? Have you ever enjoyed an evening eating every chocolate brownie in the house? If so, you have something in common with our next speaker.

She calls herself a “menopause survivor,” a woman who has catapulted, stumbled, laughed, and cried her way to the other side menopause. No longer a hormone hostage (at least most days), her goal is to help people live well and with personal power through all the changes that menopause brings.

As a creative and compelling speaker on women's health, she has spoken at countless conferences and special events across the country. Her popular women's blog and her recently released book, *Martinis & Menopause*, inspires women everywhere to live their best lives – no matter their age.

When she's not traveling to speak and workshop around the country, you'll find her pursuing one of her greatest passions, acting and singing in theater productions in her hometown of Salem, Oregon.

Please join me in welcoming woman's health advocate and menopause survivor, Kelli Jaecks.